# OGX FENIX<sup>TM</sup> SHAKES

The OGX FENIX™ Creamy Vanilla and Rich Chocolate Nutritional Shake Mixes are the perfect meal replacement formulas with bioactive nutrients to help you get the nutrition you need to lose weight, or just feel great.





Blends protein, fiber, and minerals to offer you a balanced meal of only 250 calories when mixed with milk.



Maintains a healthy gut feeling, supporting the functions of the body's digestive and immune systems.



Source of leucine, an essential amino acid responsible for supporting and maintaining lean muscle mass.

## **DELICIOUS VERSATILITY**

Thanks to its rich and flexible flavors, a scoop of OGX FENIX<sup>TM</sup> Nutritional Shake Mix can be added to several recipes:

**BLEND** 

it with milk, fruit, and vegetables to create the ultimate nutritional shake.

MIX

it with honey, nuts, oats and other grains to turn your energy bars into a Pro Meal.

**FREEZE** 

it with milk and any fruit to create a nutritious cool ice lolly Pro Meal snack.

Source from:

\*https://www.webmd.com/vitamins/ai/ingredientmono-1017/folic-acid

\*\*https://www.webmd.com/vitamins/ai/ingredientmono-932/chromium

\*\*\*https://draxe.com/zinc-oxide-benefits/

# **BIOACTIVE, BALANCED SUPPORT**



## WHEY PROTEIN CONCENTRATE

A biological, easy to digest protein that helps you support lean muscle, fight hunger, and deliver excellent tasting nutrition.



#### FIBERSOL® / RESISTANCE MALTODEXTRIN

Supports the healthy probiotic bacteria in the gut, assisting your digestive health and immune system to provide you a general feeling of wellness.



## **FOLIC ACID**

A natural form of Vitamin B used to prevent hypertension and anemia. It supports healthy blood pressure within a normal range, and is involved in DNA production.\*



#### **CHROMIUM**

Chromium is a mineral that helps support healthy blood sugar levels, and supports how our body uses insulin. It's used to help with athletic performance by supporting natural energy.\*\*



#### ZINC OXIDE

Derived from the basic metallic element involved in enzyme creatine and protein synthesis, it supports the body's metabolic processes and benefits the immune and digestive systems.\*\*\*



#### **GANODERMA lucidum**

It is the only nutritional shake amongst its competitors to contain Ganoderma lucidum, organically grown and packed full with antioxidants to help fight free radicals.