

# SHARE THE TREASURES OF GANODERMA

## WHY WE LOVE GANODERMA

- Traditional Chinese culture uses Ganoderma to promote sleep and body wellness.
- Ganoderma has one of the highest sources of antioxidants in herbs. \*
- Ganoderma supports your immune system. A healthy immune system can help you to fight infections and diseases. \*\*
- Ganoderma contains powerful antioxidants. Antioxidants have been shown to have anti-inflammatory properties. \*\*\*



## THE THREE FORMS OF GANODERMA



### SPORE POWDER

99.9% of open spores provide you with an abundant source of natural compounds to strengthen and support your immune system.



### MYCELIUM

Harvested after 18 days when it's enriched with germanium in its roots, a mineral known for its antioxidant properties, as well as the polysaccharide beta-glucans.



### GANODERMA *lucidum*

The 'fruiting' part of the mushrooms is a great source of antioxidants and the easiest to find in your beverages.

## GANODERMA BY THE NUMBERS

**1000** kilograms of Ganoderma lucidum to harvest just 1 kilogram of the precious Ganoderma spores.

**99.9%** of cracked shell spores found in Organo Gold Ganoderma lucidum without crushing the tender spores.

**25** years ago, a group of dedicated Chinese scientists set out to produce OG's organic, pure, naturally grown and log-harvested Ganoderma.

**17** Organo Gold products that are infused with Ganoderma.

**10** years of providing you with the best health benefits only OG's Ganoderma has to offer!

## OTHER WAYS TO CALL GANODERMA

The Chinese name

**LINGZHI**

means "Spiritual Potency".

The Japanese name

**REISHI**

translates as "King of Herbs".

The Vietnamese name

**LINH CHI**

literally means "Supernatural Mushroom".

The word 'Ganoderma' derives from the Greek

**GANOS**

which translates as "brightness; sheen".

The specific epithet lucidum is Latin for

**"SHINING"**

\* <http://www.stylecraze.com/articles/health-benefits-of-ganoderma-mushrooms/>  
\*\* <https://www.livestrong.com/article/121775-benefits-ganoderma-extract/>  
\*\*\* <https://otr-reviews.com/7-benefits-ganoderma/>